

Physical Education – Get Set 4 PE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Intro PE 1 Fundamentals 1	Intro PE 2 Gymnastics 1	Gymnastics 2 Dance 1	Ball skills 1 Fundamentals 2	Ball skills 2 Games 1	Games 2 Sports days skills
Year 1	Fundamentals Target games	Ball Skills Gymnastics	Dance Gymnastics	Invasion Games Team Building	Striking and Fielding Sending and Receiving	Athletics Net and Wall Games
Year 2	Fundamentals Target Games	Ball Skills Gymnastics	Dance Gymnastics	Invasion Games Team Building	Striking and Fielding Sending and Receiving	Athletics Net and Wall Games
Year 3	Games: Hockey Fitness	Games: Hockey Dance	Games: Fundamentals Gymnastics	Games: Netball Gymnastics	Athletics Games: Tennis	Games: Cricket Athletics
Year 4/5	Games: Hockey Fitness	Invasion: Gymnastics Dance	Games: Ball skills Gymnastics Y5 swimming	Games: Netball Badminton Y5 swimming	Games: Tennis Athletics Y5 swimming	Games: Cricket Athletics Y5 swimming
Year 5/6	Games: Tag rugby Hockey Y6 swimming	Dance Y6 Swimming	Y5 Swimming Gymnastics Basketball	Y5 Swimming Games: netball	Y5 Swimming Games: cricket	Y5 Swimming Athletics
Year 6	Games: Hockey Swimming	Dance Swimming	Basketball Gymnastics	Games: Netball Badminton	Games: Cricket Tennis	Athletics Rounders